# On Multilinear Forms: Bias, Correlation, and Tensor Rank 

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#### Abstract

In this work, we prove new relations between the bias of multilinear forms, the correlation between multilinear forms and lower degree polynomials, and the rank ${ }^{5}$ of tensors over $\mathbb{F}_{2}$. We show the following results for multilinear forms and tensors.

Correlation bounds. We show that a random $d$-linear form has exponentially low correlation with low-degree polynomials. More precisely, for $d=2^{o(k)}$, we show that a random $d$-linear form $f\left(X_{1}, X_{2}, \ldots, X_{d}\right):\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$ has correlation $2^{-k(1-o(1))}$ with any polynomial of degree at most $d / 2$ with high probability. This result is proved by giving near-optimal bounds on the bias of a random $d$-linear form, which is in turn proved by giving near-optimal bounds on the probability that a sum of $t$ random $d$-dimensional rank-1 tensors is identically zero.


Tensor rank vs Bias. We show that if a 3 -dimensional tensor has small rank then its bias, when viewed as a 3 -linear form, is large. More precisely, given any 3 -dimensional tensor

$$
T:[k]^{3} \rightarrow \mathbb{F}_{2}
$$

of rank at most $t$, the bias of the 3-linear form

$$
f_{T}\left(X_{1}, X_{2}, X_{3}\right):=\sum_{\left(i_{1}, i_{2}, i_{3}\right) \in[k]^{3}} T\left(i_{1}, i_{2}, i_{3}\right) \cdot X_{1, i_{1}} \cdot X_{2, i_{2}} \cdot X_{3, i_{3}}
$$

is at least $(3 / 4)^{t}$.

[^0]This bias vs tensor-rank connection suggests a natural approach to proving nontrivial tensorrank lower bounds. In particular, we use this approach to give a new proof that the finite field multiplication tensor has tensor rank at least $3.52 k$, which is the best known rank lower bound for any explicit tensor in three dimensions over $\mathbb{F}_{2}$. Moreover, this relation between bias and tensor rank holds for $d$-dimensional tensors for any fixed $d$.

2012 ACM Subject Classification Theory of computation $\rightarrow$ Randomness, geometry and discrete structures

Keywords and phrases polynomials, Boolean functions, tensor rank, bias, correlation
Digital Object Identifier 10.4230/LIPIcs.APPROX/RANDOM.2020.29
Category RANDOM
Related Version https://arxiv.org/abs/1804.09124
Funding Prahladh Harsha: Supported by the the Department of Atomic Energy, Government of India, under project\# RTI4001, the DIMACS/Simons Collaboration in Cryptography through NSF grant \#CNS-1523467, and the Israel-India ISF-UGC grant.
Pooya Hatami: Supported by NSF grant CCF-1947546.
Swastik Kopparty: Supported in part by NSF grants CCF-1253886 and CCF-1540634.
Acknowledgements We would like to thank Suryateja Gavva for helpful discussions. We would like to thank Shubhangi Saraf for suggesting the idea for the proof of Lemma 10.

## 1 Introduction

This work is motivated by two fundamental questions regarding "explicit constructions" in complexity theory: finding functions uncorrelated with low degree polynomials, and finding tensors with high tensor rank.

## Functions uncorrelated with low degree polynomials

The first question is that of finding an explicit function uncorrelated with low degree polynomials. More concretely, we seek functions $f: \mathbb{F}_{2}^{n} \rightarrow \mathbb{F}_{2}$ such that for every polynomial $P\left(X_{1}, \ldots, X_{n}\right) \in \mathbb{F}_{2}\left[X_{1}, \ldots, X_{n}\right]$ of degree at most $\ell$ (assume $\ell \approx n^{0.1}$ say),

$$
\operatorname{Pr}_{x \in \mathbb{F}_{2}^{n}}[f(x)=P(x)]=\frac{1}{2}+\varepsilon_{n},
$$

where $\varepsilon_{n}$ is exponentially small in $n$. It is well known that a random function $f$ has this property with $\varepsilon_{n}$ superpolynomially small (and even exponentially small); the challenge is to find an explicit function $f$.

A solution to this problem will have immediate applications in Boolean circuit complexity. It will give hard-on-average problems for $\mathrm{AC}^{0}(\oplus)$, and via the Nisan-Wigderson hardness vs. randomness technique [15], it will give pseudorandom generators against $\mathrm{AC}^{0}(\oplus)$ (improving upon analogous results for $\mathrm{AC}^{0}$ from the late 1980s). The original motivation for an explicit function with small $\varepsilon_{n}$ came from the seminal work of Razborov [17] and Smolensky [20] who used such functions to prove lower bounds against sub-exponential sized $\mathrm{AC}^{0}(\oplus)$ circuits. In particular, they showed that for the $\mathrm{MOD}_{3}$ function $\varepsilon_{n} \leq \frac{1}{3}+O(1 / \sqrt{n})$ and for the MAJORITY function $\varepsilon_{n}=O(\ell / \sqrt{n}) .{ }^{6}$

[^1]The current best known constructions of explicit functions $[17,20,3,24]$ that cannot be approximated by low-degree polynomials come in two flavors, (a) polynomially small $\varepsilon_{n}$ (in fact, $O(1 / \sqrt{n})$ ) for large degree bounds ( $\ell$ as large as $n^{0.1}$ ) or (b) exponentially small $\varepsilon_{n}$ for small degree bounds $(\ell=o(\log n))$. However, we do not know of any explicit function $f$ that exhibits exponentially small $\varepsilon_{n}$ against low-degree polynomials of polynomially large (or even super-logarithmically large) degree polynomials. For a nice survey on correlation with low degree polynomials, see [22].

## Tensors with high rank

The second question is that of finding an explicit tensor of high tensor rank. Tensors are a high-dimensional generalization of (2-dimensional) matrices. Just as a matrix of size $k$ over a field $\mathbb{F}$ is given by a map $M:[k]^{2} \rightarrow \mathbb{F}$, a tensor $T$ of dimension $d$ and size $k$ is given by a map $T:[k]^{d} \rightarrow \mathbb{F}$. A tensor $T$ is said to be of rank one if there exist vectors $u_{1}, u_{2}, \ldots, u_{d} \in \mathbb{F}_{2}^{k}$ such that $T=u_{1} \otimes u_{2} \otimes \cdots \otimes u_{d}$ or equivalently, for all $\left(i_{1}, \ldots, i_{d}\right) \in[k]^{d}$, we have $T\left(i_{1}, \ldots, i_{d}\right)=u_{1, i_{1}} \cdot u_{2, i_{2}} \cdots u_{d, i_{d}}$. A tensor $T$ is said to be of tensor-rank at most $t$ if it can be written as the sum of $t$ rank one tensors. We seek tensors with tensor-rank as high as possible.

It is well known (and easy to prove) that a random tensor $T$ has tensor rank $t$ as large as $\Omega\left(k^{d-1} / d\right)$. The challenge is to find an explicit such $T$ with tensor rank larger than $k^{\left\lfloor\frac{d}{2}\right\rfloor}$. A substantial improvement on this lower bound for any explicit tensor will have immediate applications in arithmetic circuit complexity; for $d=3$, it will give improved arithmetic circuit lower bounds [21], and for large $d$ it will give superpolynomial arithmetic formula lower bounds $[16,6]$. For general odd $d$, a lower bound of $2 k^{\lfloor d / 2\rfloor}+k-O(d \log k)$ was shown for an explicit tensor by Alexeev et al. [1], while for even $d$, no lower bounds better than the trivial bound $k^{\left\lfloor\frac{d}{2}\right\rfloor}$ are known for any explicit tensor.

Unlike matrix rank, we do not have a good understanding of tensor-rank even for 3dimensional tensors. For instance, it is known that for a given 3-dimensional tensor $T$ over the rationals, the problem of deciding if the rank of $T$ is at most $k$ is NP-hard [10]. In the case of dimension three, the tensor-rank of very specific tensors like the matrix multiplication tensor [4, 19], the finite field multiplication tensor $[7,18]$ and the polynomial multiplication tensor [5, 11] has been studied in prior works. For this case, the current best lower bound known for any explicit tensor over $\mathbb{F}_{2}$ is a lower bound of $3.52 k$ for the finite field multiplication tensor due to Chudnovsky and Chudnovsky [7, 18], which builds on the lower bound result of Brown and Dobkin [5] for the polynomial multiplication tensor. For general fields, the best known lower bound for any explicit tensor is $2.5 k-o(k)$ for the matrix multiplication tensor due to Bläser [4].

Also relevant to this discussion is a recent result of Effremenko et al. [8], who showed that a fairly general class of lower bound techniques called rank methods are not strong enough to give lower bounds on tensor rank stronger than $2^{d} \cdot k^{\lfloor d / 2\rfloor}$. In a nutshell, not only can we not prove good tensor rank lower bounds, we do not even have techniques, which "in principle" could be useful for such lower bounds!

### 1.1 Our results

We make contributions to both the above questions by studying multilinear forms and their bias. A $d$-linear form is a map $f:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$ which is linear in each of its $d$ arguments. The bias of a $d$-linear form is defined as follows.

$$
\operatorname{bias}(f):=\left|\mathbb{E}_{x_{1}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[(-1)^{f\left(x_{1}, \ldots, x_{d}\right)}\right]\right|
$$

This measures the difference between the probability of output 1 and output 0 . Similarly, the correlation of a $d$-linear form $f$ with another function $g$ is defined as $\operatorname{corr}(f, g):=\operatorname{bias}(f-g)$, which measures the difference between the probabilities (on a random input) that $f$ and $g$ agree and disagree.

A $d$-linear form $f$ can naturally be viewed as a polynomial of degree $d$ in $n=k d$ variables. We can then ask, for some $\ell \ll d$, is there a $d$-linear form $f$ such that the correlation of $f$ with every degree $\ell$ polynomial in $\mathbb{F}_{2}\left[X_{1}, \ldots, X_{n}\right]$ is small? Knowing the existence of a $d$-linear $f$ that achieves this small correlation property gives a significantly reduced search space for finding an explicit $f$ with small correlation with lower degree polynomials. Our first result gives a positive answer to this question for a large range of $\ell$ and $d$.

- Theorem (A). Let $d=o(n / \operatorname{logn})$ and let $k=\frac{n}{d}$. Let $\ell<d / 2$. Then with high probability, for a uniformly random d-linear form $f:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$, we have that for all polynomial $P\left(X_{1}, \ldots, X_{n}\right) \in \mathbb{F}_{2}\left[X_{1}, \ldots, X_{n}\right]$ of degree at most $\ell$ :

$$
\operatorname{corr}(f, P) \leq 2^{-k(1-o(1))}=2^{-\frac{n}{d}(1-o(1))}
$$

Moreover, for every d-linear form $f$, there is a degree 0 polynomial $P$ (namely the constant 0 polynomial) such that $\operatorname{corr}(f, P) \geq \Omega\left(2^{-k}\right)$.
For $d$ small enough $(\tilde{O}(\log n))$, the above theorem actually holds with $\ell=d-1$.
An important step towards proving Theorem A is a precise understanding of the distribution of the bias of a random $d$-linear form. Along the way, we give tight upper bounds on the probability that the sum of $t$ random rank-1 d-dimensional tensors equals 0 .

Previously, a beautiful result of Ben-Eliezer, Lovett and Hod [2] showed that for all $d<\alpha n$, there are polynomials $f\left(X_{1}, \ldots, X_{n}\right)$ of degree $d$ whose correlation with polynomials of degree $\ell=d-1$ is $2^{-\Omega(n / d)}$. The results are incomparable; the $f$ in [2] need not come from a $d$-linear form, and for this more general setting the bound $2^{-\Omega(n / d)}$ might not be tight, but on the positive side [2] can handle larger $d$ while proving correlation bounds against polynomials with degree as large as $d-1$.

A $d$-linear form $f$ can also be naturally represented as a $d$-dimensional tensor. Indeed, $f$ can be completely specified by the tensor $T$ of values $f\left(e_{i_{1}}, e_{i_{2}}, \ldots, e_{i_{d}}\right)$, as the $i_{j}$ vary in $[k]$. We can then ask, are there natural properties of the $d$-linear form $f$ which would imply that the tensor rank of $T$ is high? In our next main result, we prove a lower bound on the rank of a three dimensional tensor by studying the bias of the corresponding trilinear form. As far as we know, this is the first analytic property of low rank tensors which appears to be useful for lower bounds on tensor rank. Prior to this work, all the tensor rank lower bound proofs appear to be algebraic.

- Theorem (B). ${ }^{7}$ Let $f:\left(\mathbb{F}_{2}^{k}\right)^{3} \rightarrow \mathbb{F}_{2}$ be a 3-linear form. Let $T$ be the natural representation of $f$ as a tensor (see above), and let $t$ be the $\operatorname{rank}^{8}$ of $T$. Then

$$
\operatorname{bias}(f) \geq\left(\frac{3}{4}\right)^{t}
$$

In particular, if $\operatorname{bias}(f)=2^{-(1-o(1)) k}$, then $t \geq k \cdot \log _{\frac{4}{3}} 2$. Moreover, for every $t$ there is $a$ tensor $T$ with tensor rank $t$ such that the following is true.

$$
\operatorname{bias}(f) \leq\left(\frac{3}{4}\right)^{t}+\frac{3}{2^{k}}
$$

[^2]This gives a natural and clean route to proving nontrivial tensor rank lower bounds for explicit 3 dimensional tensors. In particular, trilinear forms with nearly minimal bias of of $2^{-(1-o(1)) k}$ must have tensor rank at least $2.409 k$ (which happens to be tight). A finer analysis of our arguments shows that trilinear forms with exactly minimal bias of $\approx 2 \cdot 2^{-k}$, such as the finite field multiplication tensor, have tensor rank $\geq 3.52 k$, thus matching the best known explicit tensor rank lower bound for 3-dimensional tensors [5, 7, 18] for any explicit tensor. It also immediately implies that the matrix multiplication tensor has tensor rank $\geq 1.8 k$, which is nontrivial (but still far from the best known bound of $3 k[19,4]$ ). We remark that since every a 3-linear form $f:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$ has bias at least $\exp (-\Omega(k))$, we cannot hope to prove super linear lower bounds on tensor rank via a direct use of this connection between bias and tensor rank. We also note while that an analogous connection between bias and tensor rank also holds in 4 and higher dimensions (see Theorem 8), the quantitative bounds are not strong enough to give a non-trivial lower bound on tensor rank for $d$ dimensional tensors for $d \geq 4$. Here, by non-trivial tensor rank lower bounds, we mean bounds are better than the bound of $k^{\lfloor d / 2\rfloor}$ that can be obtained by just flattening the tensor into a matrix and using the rank of the matrix as a lower bound on tensor rank.

We remark this method of studying the bias of a three dimensional tensor as a tool for proving tensor rank lower bounds appears to be new. Informally it shows a non-trivial connection between one of the weakest measures of computational pseudorandomness of a function, namely bias, and one of the strongest measures of computational pseudorandomness, namely tensor rank. While such a connection is well known for matrices, to the best of our knowledge, this connection between bias and rank is new for tensors of dimension 3 and larger. In addition to the intrinsic appeal, this connection lets us recover the lower bound of $3.52 k$ for an explicit three dimensional tensor over $\mathbb{F}_{2}$. To recover this lower bound, we end up using the proof of Theorem B in a non-blackbox manner.

The results of Theorem B can also be phrased in terms of the notion of analytic rank introduced in the work of Gowers and Wolf [9]. The analytic rank of a multilinear form $f$ over a finite field $\mathbb{F}$ is defined by:

$$
\operatorname{arank}(f):=-\log _{|\mathbb{F}|}(\operatorname{bias}(f))
$$

Stated in this language ${ }^{9}$, our result says that if $f:\left(\mathbb{F}_{2}^{k}\right)^{3} \rightarrow \mathbb{F}_{2}$ is a 3-linear form of tensor rank $t$ then

$$
t \geq \frac{1}{\log _{2}(8 / 7)} \cdot \operatorname{arank}(f)
$$

This is essentially the best lower bound one can hope to prove on the tensor rank in terms of the analytic rank.
In their work, Gowers and Wolf prove that analytic rank is approximately subadditive. In particular, they show that

$$
\operatorname{arank}(f+g) \leq 2^{d}(\operatorname{arank}(f)+\operatorname{arank}(g))
$$

This implies only a quantitatively much weaker version of Theorem B which does not give any nontrivial tensor rank lower bounds even for $d=3$. Shortly after we posted our paper online, Lovett [13] showed that analytic rank is fully subadditive (improving upon the above

[^3]result of Gowers and Wolf by getting rid of the multiplicative factor of $2^{d}$ ). The proof is extremely elegant and clever. This result of Lovett implies and greatly elucidates the real reason underlying Theorem B, although we do not know if a tensor rank lower bound of anything close to $3.52 k$ can be recovered directly from it.

### 1.2 Organization

Section 2 contains the preliminaries. Section 3 discusses the connection between bias and tensor rank (Theorem B above) and proves rank lower bounds for explicit tensors. Section 4 proves correlation bounds for random $d$-linear forms (Theorem A above) and other related results.

## 2 Preliminaries

Unless otherwise stated, we always work over the field $\mathbb{F}_{2}$. We use capital $X, Y, Z$ etc. to denote formal variables or sets of formal variables, and small letters $x, y, z$ to denote instantiations of these formal variables.

For integers $n, d \geq 0$, denote by $\operatorname{Poly}(n, d)$ the set of all degree $\leq d$ multilinear polynomials in $\mathbb{F}_{2}[X]$, where $X=\left\{X_{1}, \ldots, X_{n}\right\}$ is a variable set. Note that every $f \in \operatorname{Poly}(n, d)$ naturally corresponds to a unique map $f: \mathbb{F}_{2}^{n} \rightarrow \mathbb{F}_{2}$.

### 2.1 Bias and Correlation

Two fundamental notions used in this paper are those of bias and correlation, which we now define.

- Definition 1 (Bias). Bias of a function $f: \mathbb{F}_{2}^{n} \rightarrow\{0,1\}$ is defined as

$$
\operatorname{bias}(f):=\left|\mathbb{E}_{x \in \mathbb{F}_{2}^{n}}(-1)^{f(x)}\right|
$$

The bias of an $\mathbb{F}_{2}$-valued function $f: \mathbb{F}_{2}^{n} \rightarrow \mathbb{F}_{2}$ is defined as $\operatorname{bias}(f):=\operatorname{bias}(\iota(f))$, where $\iota$ is the standard map from $\mathbb{F}_{2}$ to $\{0,1\}$.

- Definition 2 (Correlation). We define the correlation between two functions $f, g: \mathbb{F}_{2}^{n} \rightarrow \mathbb{F}_{2}$, by

$$
\operatorname{corr}(f, g):=\operatorname{bias}(f-g)
$$

Given a function $f: \mathbb{F}_{2}^{n} \rightarrow \mathbb{F}_{2}$, we will be interested in its maximum correlation with low degree polynomials. Towards this we define

$$
\operatorname{corr}(f, d):=\max _{g \in \operatorname{Poly}(n, d)} \operatorname{corr}(f, g) .
$$

More generally, given a class $\mathcal{C}$ of functions, we define

$$
\operatorname{corr}(f, \mathcal{C}):=\max _{g \in \mathcal{C}} \operatorname{corr}(f, g) .
$$

### 2.2 Tensors and $d$-linear forms

Tensors are generalizations of matrices to higher dimensions.

- Definition 3 (Tensors and Tensor rank). Let $k$ and d be natural numbers. A d dimensional tensor $T$ of size $k$ over a field $\mathbb{F}$ is a map $T:[k]^{d} \rightarrow \mathbb{F}$. $T$ is said to be of rank one if there exist $d$ vectors $u_{1}, u_{2}, \ldots, u_{d}:[k] \rightarrow \mathbb{F}$ such that for every $\left(i_{1}, i_{2}, \ldots, i_{d}\right) \in[k]^{d}$, $T\left(i_{1}, i_{2}, \ldots, i_{d}\right)=\prod_{j=1}^{d} u_{j}\left(i_{j}\right)$. The rank of $T$ is the minimum $t$ such that $T$ can be written as a sum of trank one tensors.

Every matrix can be naturally associated with a bilinear polynomial, and in some cases, one can study the properties of this bilinear polynomial as a proxy of studying various properties of the matrix itself. This paradigm also generalizes to tensors, as the following definition indicates.

- Definition 4 (Tensors as Multilinear Forms). Let $T:[k]^{d} \rightarrow \mathbb{F}$ be a d dimensional tensor. Then, the set-multilinear polynomial associated with $T$ is the polynomial $f_{T}$ in variables $\left\{X_{i, j}: i \in[d], j \in[k]\right\}$ over $\mathbb{F}$ defined as follows.

$$
f_{T}\left(X_{1,1}, X_{1,2}, \ldots, X_{d, k}\right)=\sum_{\left(i_{1}, i_{2}, \ldots, i_{d}\right) \in[k]^{d}} T\left(i_{1}, i_{2}, \ldots, i_{d}\right) \cdot \prod_{j=1}^{d} X_{j, i_{j}}
$$

Given the above association between $d$-dimensional tensors and $d$-linear forms, we will use the terms tensor and $d$-linear form interchangeably.

### 2.3 Some explicit tensors

We now define some explicit tensors which we shall use in the next section.

### 2.3.1 Trace tensor

$\rightarrow$ Definition 5. Trace : $\mathbb{F}_{2^{k}} \rightarrow \mathbb{F}_{2}$ is the $\mathbb{F}_{2^{-}}$-linear map defined as follows.

$$
\operatorname{Trace}(\alpha)=\alpha+\alpha^{2}+\ldots+\alpha^{2^{k-1}}
$$

The Trace map will be useful for us as we define the candidate hard tensor for our lower bounds.

- Definition 6. Let $\operatorname{Tr}: \mathbb{F}_{2}^{k \times k \times k} \rightarrow \mathbb{F}_{2}$ be the function defined as follows.

$$
\operatorname{Tr}(X, Y, Z):=\operatorname{Trace}(X Y Z)
$$

where $X Y Z$ denotes multiplication over the larger field $\mathbb{F}_{2^{k}}$ when $X=\left(X_{1}, X_{2}, \ldots, X_{k}\right), Y=$ $\left(Y_{1}, Y_{2}, \ldots, Y_{k}\right), Z=\left(Z_{1}, Z_{2}, \ldots Z_{k}\right)$ are viewed as encodings of elements in $\mathbb{F}_{2^{k}}$.

Since Trace is an $\mathbb{F}_{2}$-linear map, the function $\operatorname{Tr}(X, Y, Z)$ can be viewed as a 3-linear polynomial in the variables $X=\left(X_{1}, X_{2}, \ldots, X_{k}\right), Y=\left(Y_{1}, Y_{2}, \ldots, Y_{k}\right), Z=\left(Z_{1}, Z_{2}, \ldots Z_{k}\right)$. For the rest of this paper, when we say $\operatorname{Tr}(X, Y, Z)$, we refer to this natural 3-linear polynomial and the three dimensional tensor associated with it. Up to a change of basis, this is the finite field multiplication tensor, which was analyzed by Chudnovsky-Chudnovsky [7] and Shparlinksi-Tsfasman-Vladut [18]. It is also worth noting that these papers also proved a surprising and beautiful $O(k)$ upper bound on the tensor rank of this tensor.

### 2.3.2 Matrix multiplication tensor

- Definition 7. The tensor corresponding to the product of two $n \times n$ matrices is defined as

$$
M_{n}(X, Y, Z)=\sum_{i=1}^{n} \sum_{j=1}^{n} \sum_{k=1}^{n} X_{i, j} Y_{j, k} Z_{i, k}
$$

Here, $X=\left\{X_{i, j}: i, j \in[n]\right\}, Y=\left\{Y_{i, j}: i, j \in[n]\right\}, Z=\left\{Z_{i, j}: i, j \in[n]\right\}$.
Note that $M_{n}(X, Y, Z)$ is the trace of the matrix product $X \cdot Y \cdot Z^{T}$. In other words, $M_{n}\left(X, Y, Z^{T}\right)=\operatorname{Trace}(X \cdot Y \cdot Z)$. Note this is the matrix trace and is different from the trace function considered in the previous section where we viewed $X, Y, Z$ as elements of the large field.

## 3 High-rank tensors from unbiased polynomials

It is well-known that the bias of a bilinear form corresponding to a matrix $M \in \mathbb{F}_{2}^{k \times k}$ is tightly related to its rank $\operatorname{rank}(M)$ (more precisely, $\operatorname{bias}(M)=2^{-\operatorname{rank}(M)}$ ). In this section, we explore a similar connection for higher dimensional tensors. We then use this to (re)prove some existing tensor rank lower bounds (e.g., for the trace tensor and the matrix multiplication tensor). We note that while in the introduction we stated this connection between bias and tensor rank specifically for three dimensional tensors, we prove a general statement which holds even for higher dimensional tensors.

### 3.1 Small Bias implies large tensor rank

We begin with the main theorem of this section which shows tensors with small bias have large rank.

- Theorem 8 (Small bias implies large rank). Let $P \in \mathbb{F}_{2}^{k \times k \cdots \times k}$ be any d-dimensional tensor of rank $\leq t$. Then

$$
\operatorname{bias}(P) \geq\left(1-\frac{2}{2^{d}}\right)^{t}
$$

An important ingredient of our proof will be the following lemma.

- Lemma 9. Let d be a natural number. Let $M_{1}, M_{2}, \ldots, M_{t} \in \mathbb{F}_{2}^{k \times k \cdots \times k}$ be d-dimensional tensors of rank at most 1. Then,

$$
\begin{equation*}
\operatorname{Pr}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t], M_{i}\left(x_{1}, x_{2}, \ldots, x_{d}\right)=0\right] \geq\left(1-\frac{1}{2^{d}}\right)^{t} \tag{1}
\end{equation*}
$$

Proof. Our proof is by induction on $d$.
Base Case. The base case when $d=1$ trivially follows since if there are $t$ linear forms $u_{1}, u_{2}, \ldots, u_{t}$ over $\mathbb{F}_{2}$, then the maximum number $r$ of independent linear forms among them is at most $t$. We hence have,

$$
\begin{equation*}
\operatorname{Pr}_{x \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t], u_{i}(x)=0\right]=(1 / 2)^{r} \geq(1 / 2)^{t} \tag{2}
\end{equation*}
$$

Induction Step. For the inductive step, we assume that the lemma is true up to dimension $d-1$, and prove it for $d$ dimensions. For every $i \in[t]$, we denote by $u_{i}$ the linear form in $\mathbb{F}_{2}^{k}$ and by $M_{i}^{\prime}$ the $d-1$ dimensional tensor of rank 1 in $\mathbb{F}_{2}^{k \times k \times k \cdots \times k}$ such that

$$
M_{i}\left(X_{1}, X_{2}, \ldots, X_{d}\right)=u_{i}\left(X_{1}\right) \cdot M_{i}^{\prime}\left(X_{2}, X_{3}, \ldots, X_{d}\right)
$$

For every $S \subseteq[t], M_{S}$ denotes the tensor $\sum_{j \in S} M_{j}$, which has rank at most $|S|$. We now proceed via a sequence of inequalities.

$$
\begin{aligned}
& \operatorname{Pr}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t], M_{i}\left(x_{1}, x_{2}, \ldots, x_{d}\right)=0\right] \\
& =\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\prod_{i=1}^{t}\left(\frac{1+(-1)^{M_{i}\left(x_{1}, x_{2}, \ldots, x_{d}\right)}}{2}\right)\right] \\
& =\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\frac{1}{2^{t}} \cdot \sum_{S \subseteq[t]}(-1)^{M_{S}\left(x_{1}, x_{2}, \ldots, x_{d}\right)}\right] \\
& =\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\mathbb{E}_{S \subseteq[t]}\left[(-1)^{M_{S}\left(x_{1}, x_{2}, \ldots, x_{d}\right)}\right]\right] \\
& =\mathbb{E}_{S \subseteq[t]}\left[\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[(-1)^{M_{S}\left(x_{1}, x_{2}, \ldots, x_{d}\right)}\right]\right] .
\end{aligned}
$$

Now, observe that for every $S \subseteq[t]$,

$$
\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[(-1)^{M_{S}\left(x_{1}, x_{2}, \ldots, x_{d}\right)}\right] \geq_{x_{2}, x_{3}, \ldots, x_{d}} \operatorname{Pr}\left[\forall j \in S, M_{j}^{\prime}\left(x_{2}, x_{3}, \ldots, x_{d}\right)=0\right]
$$

Moreover, from the induction hypothesis, we get that for all $S \subseteq[t]$,

$$
\operatorname{Pr}_{x_{2}, x_{3}, \ldots, x_{d}}\left[\forall j \in S, M_{j}^{\prime}\left(x_{2}, x_{3}, \ldots, x_{d}\right)=0\right] \geq\left(1-\frac{1}{2^{d-1}}\right)^{|S|}
$$

Plugging this back in the calculations, we get

$$
\begin{aligned}
\operatorname{Pr}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t], M_{i}\left(x_{1}, x_{2}, \ldots, x_{d}\right)=0\right] & \geq \mathbb{E}_{S \subseteq[t]}\left[\left(1-\frac{1}{2^{d-1}}\right)^{|S|}\right] \\
& \geq \frac{1}{2^{t}} \cdot\left(1+1-\frac{1}{2^{d-1}}\right)^{t}=\left(1-\frac{1}{2^{d}}\right)^{t}
\end{aligned}
$$

We now complete the proof of Theorem 8.
Proof of Theorem 8. Since $P$ has rank $\leq t$, then there is a collection of linear forms $u_{1}, u_{2}, \ldots, u_{t}$ and tensors $M_{1}, M_{2}, \ldots, M_{t}$ of rank at most 1 in $d-1$ dimensions such that

$$
P\left(X_{1}, X_{2}, \ldots, X_{d}\right)=\sum_{i=1}^{t} u_{i}\left(X_{1}\right) \cdot M_{i}\left(X_{2}, X_{3}, \ldots, X_{d}\right)
$$

Now, observe that

$$
\begin{aligned}
\operatorname{bias}(P) & =\left|\mathbb{E}_{x_{1}, x_{2}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[(-1)^{P\left(x_{1}, x_{2}, \ldots, x_{d}\right)}\right]\right| \\
& =\operatorname{Pr}_{x_{2}, x_{3}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}\left[P\left(X_{1}, x_{2}, x_{3}, \ldots, x_{d}\right) \equiv 0\right] \\
& \geq \operatorname{Pr}_{x_{2}, x_{3}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}}^{\operatorname{Pr}}\left[\forall i \in[t], M_{i}\left(x_{2}, x_{3}, \ldots, x_{d}\right)=0\right] \\
& \geq\left(1-\frac{1}{2^{d-1}}\right)^{t} \quad[\text { By Lemma } 9] .
\end{aligned}
$$

We can complement the above theorem with an almost matching upper bound on the bias of random high rank tensors. It is known that a random high rank tensor has low bias. The following lemma gives a precise quantitative version of this observation (the idea for the proof was suggested to us by Shubhangi Saraf).

- Lemma 10. For $i \in[t]$ and $j \in[d]$, let $u_{i, j} \in \mathbb{F}_{2}^{k}$ be a uniformly random vector. Consider the random rank-t d-linear form $p:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$ given by

$$
p\left(x_{1}, x_{2}, \ldots, x_{d}\right)=\sum_{i=1}^{t} \prod_{j=1}^{d}\left\langle x_{j}, u_{i, j}\right\rangle .
$$

Then

$$
\mathbb{E}[\operatorname{bias}(p)] \leq d \cdot 2^{-k}+\left(1-\frac{2}{2^{d}}\right)^{t}
$$

We refer the reader to the full version of our paper for the proof.
The following special cases of Theorem 8 , for $d=2$ and $d=3$ will be useful for us, on our way to proving lower bounds on the rank of three dimensional tensors.

- Corollary 11. Let $P \in \mathbb{F}_{2}^{k \times k}$ be a matrix of rank $\leq t \leq k$. Then, $\operatorname{bias}(P) \geq 2^{-t}$.
- Corollary 12. Let $P \in \mathbb{F}_{2}^{k \times k \times k}$ be a 3-dimensional tensor of rank $\leq t$. Then, $\operatorname{bias}(P) \geq$ $\left(\frac{3}{4}\right)^{t}$.

In the subsequent two sections, we will observe that some well-known explicit tensors in three dimensions have very low bias, and then use the above corollaries to conclude that these tensors have large rank.

### 3.2 A 3.52k Tensor Rank Lower Bound for Trace ( $X Y Z$ )

In this section, we use the bias-vs-tensor-rank connection explored in the previous section to construct explicit 3-dimensional tensors with large tensor rank.

It can be observed that $\operatorname{Trace}(X Y Z)$ is a function with bias exactly $2 / 2^{k}-1 / 2^{2 k}$ (We omit the proof in interest of space).

- Lemma 13. $\operatorname{bias}(\operatorname{Tr}(X, Y, Z))=2 \cdot 2^{-k}-2^{-2 k}$.

This lemma coupled with Corollary 12 immediately gives the following lower bound on tensor rank of $\operatorname{Tr}(X, Y, Z)$.

- Corollary 14. $\operatorname{rank}(\operatorname{Tr}(X, Y, Z)) \geq\left(\log _{4 / 3} 2\right) \cdot k \geq 2.409 k$.

We remark that a much stronger rank lower-bound of $3.52 k$ is known due to Chudnovsky and Chudnovsky $[7,18]$ and indeed we do a more careful analysis of our ideas to get a new proof of the $3.52 k$ lower bound. We will need the following well-known rate-distance MRRW tradeoff for linear codes.

- Theorem 15 ([14]). Let $S$ be a subspace of dimension at least $k$ of $\mathbb{F}_{2}^{t}$, such that every non-zero vector in $S$ has weight at least $k$. Then, $t \geq 3.52 k .{ }^{10}$

[^4]- Theorem 16. The rank of the tensor $\operatorname{Tr}(X, Y, Z)$ is at least $3.52 k$.

Proof. Let the tensor rank of $\operatorname{Tr}(X, Y, Z)$ be $t$. Then there exists $t$ vectors $a_{1}, a_{2}, \ldots, a_{t} \in \mathbb{F}_{2}^{k}$ and $t$ rank- 1 matrices $M_{1}, M_{2}, \ldots, M_{t}$ such that

$$
\begin{equation*}
\operatorname{Tr}(X, Y, Z)=\sum_{i=1}^{t}\left\langle a_{i}, X\right\rangle \cdot\left\langle Y, M_{i} Z\right\rangle \tag{3}
\end{equation*}
$$

Let $A$ be the $k \times t$ matrix such that for every $i \in[t]$, the $i^{t h}$ column of $A$ equals $a_{i}$. Let $K$ be the kernel of $A$. Clearly, $\operatorname{dim}(K) \geq t-k$. In fact, $\operatorname{dim}(K)=t-k$. To see this, observe that if $\operatorname{dim}(K) \geq t-k+1$, then by the rank-nullity theorem, $\operatorname{rank}(A) \leq k-1$. Thus, there is a non-zero $x \in F_{2}^{k}$ denoted by $x_{0}$ such that for every $i \in[t],\left\langle a_{i}, x_{0}\right\rangle=0$. Thus, $\operatorname{Tr}\left(x_{0}, Y, Z\right) \equiv 0$ for a non-zero $x_{0}$, which is a contradiction.

From the proof of Theorem 8 for $d=3$, we know that

$$
\operatorname{bias}(\operatorname{Tr}(X, Y, Z))=\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}[\operatorname{Tr}(X, y, z)=0]
$$

So far we were proving a lower bound on $\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}[\operatorname{Tr}(X, y, z)=0]$ by proving a lower bound on $\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t],\left\langle y, M_{i} z\right\rangle=0\right]$. Clearly, this seems to be somewhat lossy since even for a choice of $y$ and $z$ in $\mathbb{F}_{2}^{k}$ such that $\left\langle y, M_{i} z\right\rangle \neq 0$ for some $i \in[t]$, it is conceivable that $\operatorname{Tr}(X, y, z)$ is identically zero. For this proof, we try to be a bit more careful about this. Note that for every $u \in K \subset \mathbb{F}_{2}^{t}$,

$$
\sum_{i=1}^{t} u_{i} \cdot\left\langle a_{i}, X\right\rangle \equiv 0
$$

Thus, we have,

$$
\begin{aligned}
\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}[\operatorname{Tr}(X, y, z)=0] & =\sum_{u \in K} \operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}\left[\forall i \in[t],\left\langle y, M_{i} z\right\rangle=u_{i}\right] \\
& =\sum_{u \in K} \mathbb{E}_{y, z}\left[\prod_{i \in[t]}\left(\frac{1+(-1)^{\left\langle y, M_{i} z\right\rangle+u_{i}}}{2}\right)\right] \\
& =\sum_{u \in K} \mathbb{E}_{y, z}\left[\mathbb{E}_{S \subseteq[t]}(-1)^{\left\langle y, M_{S} z\right\rangle} \cdot(-1)^{\left\langle u, 1_{S}\right\rangle}\right]
\end{aligned}
$$

Here, for every $S \subseteq[t], 1_{S}$ is the characteristic vector of $S$ in $t$ dimensions, and $M_{S}=\sum_{i \in S} M_{i}$. Simplifying further, we get,

$$
\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}[\operatorname{Tr}(X, y, z)=0]=\mathbb{E}_{S \subseteq[t]}\left[\left(\mathbb{E}_{y, z}(-1)^{\left\langle y, M_{S} z\right\rangle}\right) \cdot\left(\sum_{u \in K}(-1)^{\left\langle u, 1_{S}\right\rangle}\right)\right]
$$

Now, we observe that the term $\left(\sum_{u \in K}(-1)^{\left\langle u, 1_{S}\right\rangle}\right)=|K|$ if and only if $1_{S} \in K^{\perp}$, otherwise it equals zero. Also, from Corollary 11, we know that $\left(\mathbb{E}_{y, z}(-1)^{\left\langle y, M_{S} z\right\rangle}\right)=2^{-\mathrm{rank} M_{S}}$ is at at least $\max \left\{2^{-k}, 2^{-|S|}\right\}$. Plugging these into the inequality above, we have the following inequality (Below, $|v|$ denotes the Hamming weight of $v$ ).

$$
\begin{aligned}
\operatorname{Pr}_{y, z \in \mathbb{F}_{2}^{k}}[\operatorname{Tr}(X, y, z)=0] & \geq \frac{|K|}{2^{t}} \cdot \sum_{v \in K^{\perp}} \max \left\{2^{-k}, 2^{-|v|}\right\} \\
& \geq \mathbb{E}_{v \in K^{\perp}} \max \left\{2^{-k}, 2^{-|v|}\right\} \quad\left[\text { Since }|K| \cdot\left|K^{\perp}\right|=2^{t}\right]
\end{aligned}
$$

Recall that the dimension of $K^{\perp}$ equals $k$. Now,

$$
\mathbb{E}_{v \in K^{\perp}} \max \left\{2^{-k}, 2^{-|v|}\right\}=2^{-k}+\mathbb{E}_{v \in K^{\perp} \backslash\left\{0^{k}\right\}} \max \left\{2^{-k}, 2^{-|v|}\right\}
$$

From Lemma 13, we know that the bias of $\operatorname{Tr}(X, Y, Z)$ is $2 \cdot 2^{-k}-2^{-2 k}$. Thus, it must be the case that $\mathbb{E}_{v \in K^{\perp} \backslash\left\{0^{k}\right\}} \max \left\{2^{-k}, 2^{-|v|}\right\} \leq\left(1-2^{-k}\right) \cdot 2^{-k}$. But this is possible only if all the vectors in $K^{\perp} \backslash\left\{0^{k}\right\}$ have weight at least $k$. In this case, the space $K^{\perp}$ is a linear subspace of $\mathbb{F}_{2}^{t}$ of dimension $k$ such that every non-zero vector in it has Hamming weight at least $k$. From Theorem 15, we get that $t \geq 3.52 k$. This completes the proof.

### 3.3 Lower Bound on the Rank of Matrix Multiplication Tensor

In this section, we obtain a lower bound on the rank of the matrix multiplication tensor by proving an upper bound on its bias. Even though better bounds are known for this tensor, our proof is a fairly straightforward application of our techniques, and we believe this is instructive.

Our main technical observation in this section is the following lemma which gives an upper bound on the bias of $M_{n}(\bar{X}, \bar{Y}, \bar{Z})$ as each of the variables take values in $\mathbb{F}_{2}$.

- Lemma 17. The bias of $M_{n}(\bar{X}, \bar{Y}, \bar{Z})$ is at most $n \cdot 2^{-\frac{3 n^{2}}{4}}$.

Before proving Lemma 17, we note that Lemma 17 and Corollary 12 immediately imply a non-trivial lower bound on the tensor rank of $M_{n}$. .

- Theorem 18. The tensor rank of $M_{n}$ is at least $\frac{3 n^{2}}{4 \log _{2}(4 / 3)} \geq 1.8 n^{2}$.

Proof of Lemma 17. We observe that for any two fixed matrices $x, y$, the 3 -linear form $M_{n}$ reduces to a linear form in $z$ which is non-zero iff the product of the two matrices $x$ and $y$ is non-zero. Furthermore, given a matrix $y$, the probability (over $x$ ) that the product matrix $x \cdot y$ is zero is exactly $2^{-n \cdot \operatorname{rank}(y)}$. Combining these observations, we have

$$
\begin{aligned}
\operatorname{bias}\left(M_{n}\right) & =\underset{x, y}{\operatorname{Pr}}\left[x \cdot y=0_{n \times n}\right] \\
& =\mathbb{E}_{y}\left[2^{-n \cdot \operatorname{rank}(y)}\right] \\
& =\sum_{r=0}^{n} \operatorname{Pr}_{y}[\operatorname{rank}(y)=r] \cdot 2^{-n r} .
\end{aligned}
$$

To complete the proof, we rely on the following claim, whose proof we defer to the end of this section.
$\triangleright$ Claim 19. For every $r \in\{0,1, \ldots, n\}$, the following inequality is true.

$$
\operatorname{Pr}_{y}[\operatorname{rank}(y)=r] \leq 2^{-(n-r)^{2}}
$$

From the claim above, we get

$$
\begin{aligned}
\operatorname{bias}\left(M_{n}\right) & \leq \sum_{r=0}^{n} 2^{-(n-r)^{2}-n r} \\
& \leq \sum_{r=0}^{n} 2^{-n^{2}-r^{2}+n r} \\
& \leq 2^{-n^{2}} \sum_{r=0}^{n} 2^{r(n-r)} \\
& \leq 2^{-n^{2}} n \cdot 2^{n^{2} / 4} \\
& \leq n \cdot 2^{-3 n^{2} / 4}
\end{aligned}
$$

For completeness, we now provide a proof of Claim 19. We remark that the following tighter bound is known (see [12, Theorem 3.2.1]).

$$
\begin{aligned}
\operatorname{Pr}_{y}[\operatorname{rank}(y)=r] & =2^{-(n-r)^{2}} \cdot \prod_{i=n-r+1}^{n}\left(1-\frac{1}{2^{i}}\right) \cdot\left(\sum_{0 \leq i_{1} \leq \ldots i_{n-r} \leq r} \frac{1}{2^{i_{1}+\ldots+i_{n-r}}}\right) \\
& \leq 2^{-(n-r)^{2}} \cdot \prod_{i=n-r+1}^{n}\left(1-\frac{1}{2^{i}}\right) \cdot \prod_{i=1}^{n-r}\left(1-\frac{1}{2^{i}}\right)^{-1} .
\end{aligned}
$$

However, the weaker bound given in the claim suffices for our purposes.
Proof of Claim 19. The goal is to upper bound the probability that a uniformly random $n \times n$ matrix $y$ over $\mathbb{F}_{2}$ has rank equal to $r$. This probability is upper bounded by the probability that the rows of $y$ are contained within a subspace of dimension $r$ of $\mathbb{F}_{2}^{n}$. For any fixed subspace $S$ of dimension equal to $r$, this event happens with a probability equal to $2^{-n(n-r)}$. The number of subspaces of $\mathbb{F}_{2}^{n}$ of dimension equal to $r$ is given by the Gaussian binomial coefficient $\left[\begin{array}{l}n \\ r\end{array}\right]_{2}=\prod_{i=0}^{r-1} \frac{\left(2^{n}-2^{i}\right)}{\left(2^{r}-2^{i}\right)} \leq \frac{2^{n r}}{2^{r^{2}}}$. Thus, by a union bound, we get the following.

$$
\operatorname{Pr}_{y}[\operatorname{rank}(y)=r] \leq \frac{2^{n r}}{2^{r^{2}}} \cdot 2^{-n(n-r)}=2^{-(n-r)^{2}}
$$

## 4 Correlation of random $d$-linear forms

In this section, we study the correlation of random $d$-linear forms with lower degree polynomials.
Our main result in this section is the following theorem, which states that a random $d$-linear form is uncorrelated with degree- $\ell$ polynomials under certain conditions.

- Theorem 20. Let $\ell, d, n$ be integers such that $d$ divides $n, d=o\left(\frac{n}{\log n}\right)$ and $\ell<d / 2$. Set $k=n / d$. Pick a uniformly random d-linear form $f:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$. Then, with probability $1-o(1), f$ has the following property. For all polynomials $P\left(X_{1}, \ldots, X_{n}\right) \in \mathbb{F}_{2}\left[X_{1}, \ldots, X_{n}\right]$ with degree at most $\ell$, we have,

$$
\operatorname{corr}(f, P)<2^{-(1-o(1)) n / d} .
$$

Along the way, we develop several tools to understand the bias of random $d$-linear forms. For example, we show that a random $d$-linear form is unbiased with extremely high probability.

- Theorem 21. Let $\varepsilon>0$ be fixed. Let $d, k$ be integers with $d<2^{\varepsilon k / 5}$, and consider a uniformly random d-linear form $f:\left(\mathbb{F}_{2}^{k}\right)^{d} \rightarrow \mathbb{F}_{2}$. Then,

$$
\operatorname{Pr}\left[\operatorname{bias}(f) \geq 2^{-(1-\varepsilon) k}\right] \leq 2^{-\Omega\left(\varepsilon^{2} k^{d}\right)}
$$

- Remark 22. Note that any $d$-linear form $f\left(X_{1}, \ldots, X_{d}\right)$ vanishes if any one of the block of variables $X_{1}, \ldots, X_{d}$ is zero. Hence, the bias of any $d$-linear form (or equivalently its correlation with the constant 0 polynomial) is at least $2^{-k}=2^{-n / d}$. Theorem 21 states that it is extremely unlikely for a random $d$-linear form to have even slightly more bias while Theorem 20 states that it is extremely unlikely for a random $d$-linear form to have slightly better correlation with any degree $\ell$ polynomial.

The key ingredient in the proofs of the above theorems is the following theorem on the distribution of the sum of random rank- 1 tensors.

- Theorem 23. Let $\varepsilon>0$ be a constant. Let $d, k, t$ be integers with $d<2^{\varepsilon k / 5}$, and $t<\frac{\varepsilon}{5} k^{d-1}$. Let $\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}$ be picked independently and uniformly distributed in $\mathbb{F}_{2}^{k}$. Then,

$$
\operatorname{Pr}\left[\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0\right] \leq 2^{-(1-\varepsilon / 2) \cdot k t}
$$

- Remark 24. If any block of vectors (say wlog. $\left\{x^{(i, 1)}\right\}_{i \in[t]}$, the first block of vectors) are all 0 (this happens with probability $2^{-k t}$ ), then the $d$-dimensional linear form $\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0$. The above theorem states that the probability of the $d$-linear form vanishing is not significantly larger.

In turn, the proof of the above theorem is based on the following lemma, which gives an upper bound on the probability that a random rank-1 tensor lies in a fixed low dimensional subspace.

- Lemma 25. Let $k, d$ be integers and $U$ be a subspace of $\left(\mathbb{F}_{2}^{k}\right)^{\otimes d}$ of dimension u. Let $x_{1}, \ldots, x_{d} \in \mathbb{F}_{2}^{k}$ be picked independently and uniformly at random, and let $T=\otimes_{i=1}^{d} x_{i}$. Then,

$$
\operatorname{Pr}[T \in U] \leq \frac{d}{2^{k}}+\frac{2^{u / k^{d-1}}}{2^{k}}
$$

Remark 26. Let $U=V \otimes\left(\mathbb{F}_{2}^{k}\right)^{\otimes(d-1)}$ where $V$ is a $u / k^{d-1}$-dimensional subspace of $\mathbb{F}_{2}^{k}$. Note, $\operatorname{dim}(U)=u$. Clearly, $\operatorname{Pr}\left[\otimes_{i=1}^{d} x_{i} \in U\right]=\operatorname{Pr}\left[x_{1} \in V\right]=2^{u / k^{d-1}} / 2^{k}$. The above lemma states that the probability is not significantly larger than this for any other $U$.

In the next subsection, we show how Theorem 20 and Theorem 21 follow from Theorem 23. We defer the proof of Lemma 25 and Theorem 23 to Appendix A.

### 4.1 Proofs of Theorem 20 and Theorem 21

We first prove Theorem 21.
Proof of Theorem 21. We want to bound $\operatorname{Pr}_{f}\left[\operatorname{bias}(f) \geq 2^{-(1-\varepsilon) k}\right]$. We shall do so by bounding the $t^{t h}$ moment of $\operatorname{bias}(f)$ for a suitable choice of $t$ and applying Markov's inequality.

Let $T:[k]^{d} \rightarrow \mathbb{F}_{2}$ denote the tensor associated with $f$. Thus $T\left(i_{1}, \ldots, i_{d}\right)$ are all independent and uniformly distributed in $\mathbb{F}_{2}$.

We now compute the $t^{t h}$ moment of $f$.

$$
\begin{aligned}
& \mathbb{E}_{f}\left[(\operatorname{bias}(f))^{t}\right] \\
& =\mathbb{E}_{f}\left[\left(\mathbb { E } _ { x ^ { ( 1 ) } , \ldots , x ^ { ( d ) } \sim \mathbb { F } _ { 2 } ^ { k } } \left[(-1)^{\left.\left.\left.f\left(x^{(1)}, \ldots, x^{(d)}\right)\right]\right)^{t}\right]}\right.\right.\right. \\
& =\mathbb{E}_{f}\left[\prod _ { i \in [ t ] } \left(\mathbb { E } _ { x ^ { ( i , 1 ) } , \ldots , x ^ { ( i , d ) } \sim \mathbb { F } _ { 2 } ^ { k } } \left[(-1)^{\left.\left.\left.f\left(x^{(i, 1)}, \ldots, x^{(i, d)}\right)\right]\right)\right]}\right.\right.\right. \\
& =\mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\mathbb { E } _ { f } \left[(-1)^{\left.\left.\sum_{i=1}^{t} f\left(x^{(i, 1)}, \ldots, x^{(i, d)}\right)\right]\right]}\right.\right. \\
& =\mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\prod _ { ( \ell _ { 1 } , \ldots , \ell _ { d } ) \in [ k ] ^ { d } } \left(\mathbb { E } _ { T ( \ell _ { 1 } , \ldots , \ell _ { d } ) \sim \mathbb { F } _ { 2 } } \left[(-1)^{\left.\left.\left.T\left(\ell_{1}, \ldots, \ell_{d}\right) \cdot\left(\sum_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}\right)\right]\right)\right]}\right.\right.\right. \\
& =\mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\prod_{\left(\ell_{1}, \ldots, \ell_{d}\right) \in[k]^{d}} \mathbb{1}_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}=0\right] \\
& =\mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\mathbb{1}_{\forall\left(\ell_{1}, \ldots, \ell_{d}\right) \in[k]^{d},} \sum_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}=0\right] \\
& ={ }_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}} \operatorname{Pr}\left[\forall\left(\ell_{1}, \ldots, \ell_{d}\right) \in[k]^{d}, \sum_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}=0\right] \\
& ={ }_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0\right] . \\
&
\end{aligned}
$$

Setting $t=\frac{\varepsilon}{10} k^{d-1}$, Theorem 23 tells us that

$$
\mathbb{E}_{f}\left[(\operatorname{bias}(f))^{t}\right]=2^{-(1-\varepsilon / 2) k t}
$$

Using Markov's inequality,

$$
\operatorname{Pr}_{f}\left[\operatorname{bias}(f) \geq 2^{-(1-\varepsilon) k}\right] \leq \frac{2^{-(1-\varepsilon / 2)) k t}}{2^{-(1-\varepsilon) k t}} \leq 2^{-\varepsilon k t / 2} \leq 2^{-\Omega\left(\varepsilon^{2} k^{d}\right)}
$$

as claimed.
We now use a similar argument to prove Theorem 20.
Proof of Theorem 20. Fix an arbitrary $\varepsilon>0$. Let $\mathcal{C}$ denote the space of degree $\leq \ell$ polynomials in $\mathbb{F}_{2}\left[X_{1}, \ldots, X_{n}\right]$. We want to show that with high probability over the choice of $f$, we have that for every $P \in \mathcal{C}, \operatorname{corr}(f, P) \leq 2^{-(1-\varepsilon) k}$.

Fix $P \in \mathcal{C}$ and consider the $t^{t h}$ moment of $\operatorname{bias}(f-P)$. Imitating the proof of Theorem 21, we get

$$
\begin{aligned}
& \mathbb{E}_{f}\left[(\operatorname{bias}(f-P))^{t}\right] \\
& =\mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[(-1)^{\sum_{i=1}^{t} P\left(x^{(i, 1)}, \ldots, x^{(i, d)}\right)} \cdot \mathbb{1}_{\forall\left(\ell_{1}, \ldots, \ell_{d}\right) \in[k]^{d}, \sum_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}=0}\right] \\
& \leq \mathbb{E}_{\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}}\left[\mathbb{1}_{\forall\left(\ell_{1}, \ldots, \ell_{d}\right) \in[k]^{d}, \sum_{i=1}^{t} \prod_{j=1}^{d} x_{\ell_{j}}^{(i, j)}=0}\right] \\
& =\operatorname{Pr}\left[\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0\right] .
\end{aligned}
$$

Now we will apply Theorem 23. Observe that since $d=o(n / \log n)$, we have,

$$
d<2^{\varepsilon k / 5}
$$

As in the proof of Theorem 21, we set $t=\frac{\varepsilon}{10} k^{d-1}$, invoke Theorem 23 and apply Markov's inequality to get,

$$
\operatorname{Pr}_{f}\left[\operatorname{bias}(f-P) \geq 2^{-(1-\varepsilon) k}\right] \leq 2^{-\varepsilon^{2} k^{d} / 20}
$$

Now $\operatorname{bias}(f-P)=\operatorname{corr}(f, P)$. Thus, by a union bound over all $P \in \mathcal{C}$, we have the following.

$$
\begin{equation*}
\operatorname{Pr}_{f}\left[\operatorname{corr}(f, \mathcal{C}) \geq 2^{-(1-\varepsilon) k}\right] \leq|\mathcal{C}| \cdot 2^{-\varepsilon^{2} k^{d} / 20} \tag{4}
\end{equation*}
$$

It remains to estimate $|\mathcal{C}|$. We show below that $|\mathcal{C}|=2^{o\left(k^{d}\right)}$. The proof of this lemma
 $d / n$.

$$
\begin{aligned}
\binom{n}{\leq \ell} & \leq\binom{ n}{\leq d / 2} \leq\left(\frac{2 e n}{d}\right)^{d / 2} \leq\left(\frac{2 e}{\delta}\right)^{\delta n / 2} \\
& =o\left(\left(\frac{1}{\delta}\right)^{\delta n}\right) \quad[\text { Since } \delta=o(1)] \\
& =o\left(k^{d}\right)
\end{aligned}
$$

Combining this with Equation (4), we get,
$\operatorname{Pr}_{f}\left[\operatorname{corr}(f, \mathcal{C}) \geq 2^{-(1-\varepsilon) k}\right] \leq 2^{o\left(k^{d}\right)} \cdot 2^{-\varepsilon^{2} k^{d} / 20}$.
Since this holds for every $\varepsilon>0$, we get the desired result.

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## A Random rank-1 tensors

In this subsection, we first prove Lemma 25 on the probability that a random rank- 1 tensor lies in a fixed low-dimensional subspace. We then give a corollary of this lemma which bounds the probability that a collection of random rank-1 tensors spans a very low dimensional subspace. This corollary will be used in the proof of Theorem 23.

Proof of Lemma 25. Define

$$
f_{d, k}(u)=\left(1-\left(1-\frac{1}{2^{k}}\right)^{d-1}\right)+\left(1-\frac{1}{2^{k}}\right)^{d-1} \cdot \frac{2^{u / k^{d-1}}}{2^{k}}
$$

We will prove, by induction on $d$, the following stronger bound.

$$
\operatorname{Pr}[T \in U] \leq f_{d, k}(u)
$$

The fact that this implies the lemma, follows from the observations that $1-\frac{d-1}{2^{k}} \leq\left(1-\frac{1}{2^{k}}\right)^{d-1}$ and that $\left(1-\frac{1}{2^{k}}\right)^{d-1} \leq 1$.
Base case. The $d=1$ case is trivial (using the observation that $f_{1, k}(u)=\frac{2^{u}}{2^{k}}$ ). We now show the statement holds for larger $d$.

Induction step. Let $k^{\prime}=k^{d-1}$. We will view $\left(\mathbb{F}_{2}^{k}\right)^{\otimes d}$ as $\mathbb{F}_{2}^{k} \otimes \mathbb{F}_{2}^{k^{\prime}}$. Every element $v$ of $\left(\mathbb{F}_{2}^{k}\right)^{\otimes d}$ can thus be written as a tuple $\left(v_{1}, \ldots, v_{k}\right)$, where each $v_{i}$ is an element of $\mathbb{F}_{2}^{k^{\prime}}$ (thus the $k^{d}$ coordinates are partitioned into $k$ blocks of coordinates, with each block having $k^{\prime}$ coordinates). We let $\pi_{i}:\left(\mathbb{F}_{2}^{k}\right)^{\otimes d} \rightarrow \mathbb{F}_{2}^{k^{\prime}}$ be the $i$ th projection map, mapping $v$ to $v_{i}$.

With this convention, we take a basis for $U$ in row echelon form. Concretely, this gives us a basis $\mathcal{B}$ for $U$, such that $\mathcal{B}$ is a disjoint union of $\mathcal{B}_{1}, \ldots, \mathcal{B}_{k}\left(\mathcal{B}_{j}\right.$ is the set of basis vectors pivoted in the $j$ 'th block of coordinates), such that,

- for all $v \in \mathcal{B}_{j}$ and $i<j, \pi_{i}(v)=0$,
- the vectors $\pi_{j}(v) \in \mathbb{F}_{2}^{k^{\prime}}$, as $v$ varies in $\mathcal{B}_{j}$, are linearly independent.

Define $\left.U_{j}=\operatorname{span}\left\{\pi_{j}(v) \mid v \in \mathcal{B}_{j}\right)\right\}$. Thus we have $\operatorname{dim}\left(U_{j}\right)=\left|\mathcal{B}_{j}\right|$ and

$$
\sum_{j=1}^{k} \operatorname{dim}\left(U_{j}\right)=\operatorname{dim}(U)
$$

For $i>j$, we define a linear map $\psi_{i j}: U_{j} \rightarrow \mathbb{F}_{2}^{k^{\prime}}$ by defining $\psi_{i j}$ on a basis for $U_{j}$ :

$$
\psi_{i j}\left(\pi_{j}(v)\right)=\pi_{i}(v), \quad \forall v \in B_{j}
$$

Then we have the following basic claim (which follows immediately from the above echelon form representation of $U$ ).
$\triangleright$ Claim 27. Let $v \in\left(\mathbb{F}_{2}^{k}\right)^{\otimes d}$. Then $v \in U$ only if there exists $\left(u_{1}, \ldots, u_{k}\right) \in \prod_{i=1}^{k} U_{i}$ such that for each $i \in[k]$ we have

$$
\pi_{i}(v)=u_{i}+\sum_{j<i} \psi_{i j}\left(u_{j}\right)
$$

To simplify notation, we will denote $x_{1}$ by $y$ and $\otimes_{i=2}^{d} x_{i}$ by $z$. We want to find an upper bound on $\operatorname{Pr}[y \otimes z \in U]$.
$\triangleright$ Claim 28. Let $\tilde{z} \in\left(\mathbb{F}_{2}^{k}\right)^{\otimes(d-1)}$ and $S=\left\{i \mid \tilde{z} \in U_{i}\right\}$, then, $\operatorname{Pr}_{y \in \mathbb{F}_{2}^{k}}[y \otimes \tilde{z} \in U] \leq \frac{2^{|S|}}{2^{k}}$.
Proof. For fixed $\tilde{z}$, given the random variable $v=y \otimes \tilde{z}$, we define random variables $u_{1}, u_{2}, \ldots, u_{k}$ by: $u_{i}:=\pi_{i}(v)-\sum_{j<i} \psi_{i j}\left(u_{j}\right)$. Note that $\pi_{i}(v)=\pi_{i}(y \otimes \tilde{z})=y_{i} \tilde{z}$. Also note that $u_{i}$ is only a function of $y_{1}, \ldots, y_{i}$. By Claim $27, v \in U$ only if for all $i, u_{i} \in U_{i}$.

$$
\begin{aligned}
& \operatorname{Pr}_{y \in \mathbb{F}_{2}^{k}}[y \otimes \tilde{z} \in U] \\
& \leq \operatorname{Pr}_{y}\left[\forall i \leq k, u_{i} \in U_{i}\right] \\
& =\prod_{i=1}^{k} \operatorname{Pr}\left[u_{i} \in U_{i} \mid u_{1} \in U_{1}, \ldots, u_{i-1} \in U_{i-1}\right] \\
& =\prod_{i=1}^{k} \mathbb{E}_{u_{1} \in U_{1}, \ldots, u_{i-1} \in U_{i-1}}\left[\underset{u_{i}}{\operatorname{Pr}}\left[u_{i} \in U_{i} \mid u_{1}, \ldots, u_{i-1}\right]\right] \\
& =\prod_{i=1}^{k} \mathbb{E}_{u_{1} \in U_{1}, \ldots, u_{i-1} \in U_{i-1}}\left[\operatorname{Pr}_{u_{i}}\left[\pi_{i}(v)-\sum_{j<i} \psi_{i j}\left(u_{j}\right) \in U_{i} \mid u_{1}, \ldots, u_{i-1}\right]\right] \\
& =\prod_{i=1}^{k} \mathbb{E}_{u_{1} \in U_{1}, \ldots, u_{i-1} \in U_{i-1}}\left[\operatorname{Pr}_{y_{i}}\left[y_{i} \tilde{z}-\sum_{j<i} \psi_{i j}\left(u_{j}\right) \in U_{i} \mid u_{1}, \ldots, u_{i-1}\right]\right] \\
& \leq \prod_{i \notin S}\left(\frac{1}{2}\right)=\left(\frac{1}{2}\right)^{k-|S|},
\end{aligned}
$$

where the last inequality follows since for every $i \notin S$ and every vector $w$, at most one of $w$ and $w+\tilde{z}$ can lie in $U_{i}\left(\right.$ as $\left.\tilde{z} \notin U_{i}\right)$.

For $S \subseteq[k]$, let $U_{S}=\bigcap_{i \in S} U_{i}$. Then,

$$
\begin{aligned}
\underset{y, z}{\operatorname{Pr}}[y \otimes z \in U] & \leq \mathbb{E}_{z}\left[\frac{2^{\sum_{i=1}^{k} 1_{U_{i}}(z)}}{2^{k}}\right] \quad \text { [Follows from the above claim] } \\
& =\frac{1}{2^{k}} \mathbb{E}_{z}\left[\prod_{i=1}^{k} 2^{1_{U_{i}}(z)}\right] \\
& =\frac{1}{2^{k}} \mathbb{E}_{z}\left[\prod_{i=1}^{k}\left(1+1_{U_{i}}(z)\right)\right] \\
& =\frac{1}{2^{k}} \mathbb{E}_{z}\left[\sum_{S \subseteq[k]} 1_{U_{S}}(z)\right] \\
& =\frac{1}{2^{k}} \sum_{S \subseteq[k]} \operatorname{Pr}_{z}\left[z \in U_{S}\right]
\end{aligned}
$$

Now, observe that for each $i \in S$, we have $\operatorname{Pr}\left[z \in U_{S}\right] \leq \operatorname{Pr}\left[z \in U_{i}\right]$. Thus if we sort the $U_{i}$ so that $\operatorname{dim}\left(U_{1}\right) \geq \operatorname{dim}\left(U_{2}\right) \geq \ldots \geq \operatorname{dim}\left(U_{k}\right)$, then we have the following sequence of inequalities.

$$
\begin{aligned}
\operatorname{Pr}_{y, z}[y \otimes z \in U] & \leq \frac{1}{2^{k}}\left(1+\sum_{i \in[k]} \sum_{S \subseteq[i], i \in S} \operatorname{Pr}_{z}\left[z \in U_{S}\right]\right) \\
& \leq \frac{1}{2^{k}}\left(1+\sum_{i \in[k]} 2^{i-1} \operatorname{Pr}_{z}\left[z \in U_{i}\right]\right) \\
& \leq \frac{1}{2^{k}}\left(1+\sum_{i \in[k]} 2^{i-1} f_{d-1, k}\left(\operatorname{dim}\left(U_{i}\right)\right)\right),
\end{aligned}
$$

where the last step follows from the induction hypothesis. To find an upper bound for this last expression, we let $a_{i}=\operatorname{dim}\left(U_{i}\right)$. We have the constraints

$$
\begin{aligned}
& \sum_{i} a_{i}=u \\
& k^{\prime} \geq a_{1} \geq a_{2} \geq \ldots \geq a_{k} \geq 0
\end{aligned}
$$

where $k^{\prime}=k^{d-1}$, and we want to maximize an expression of the form

$$
\sum_{i=1}^{k} 2^{i-1}\left(\alpha+\beta 2^{a_{i} / k^{d-2}}\right)=\alpha \cdot\left(2^{k}-1\right)+\beta \cdot\left(\sum_{i=1}^{k} 2^{i-1+a_{i} / k^{d-2}}\right)
$$

where $\alpha, \beta>0$.
It is worth noting what happens in the two examples $U=V \otimes \mathbb{F}_{2}^{k^{\prime}}$ and $U=\mathbb{F}_{2}^{k} \otimes W$, where $V \subseteq \mathbb{F}_{2}^{k}$ and $W \subseteq \mathbb{F}_{2}^{k^{\prime}}$ are subspaces of the appropriate dimension. In the first case, $a_{1}=a_{2}=\ldots=a_{u / k^{\prime}}=k^{\prime}$ and the remaining $a_{i}$ are 0 . In the second case, all the $a_{i}=u / k$. Both are global maxima of the expression we want to maximize! The existence of these very different maxima makes this maximization problem somewhat tricky.

In Theorem 29 we prove a tight upper bound for this function. For every $i \in[k]$, let $b_{i}=a_{i} / k^{d-2}$, and let $\tilde{u}=u / k^{d-2}$. Then, $b_{1}, b_{2}, \ldots, b_{k}$ and $\tilde{u}$ satisfy the constraints in the hypothesis of Theorem 29, and Theorem 29 tells us that a global maxima is achieved when all the $a_{i}$ are equal to $\operatorname{dim}(U) / k$. Thus,

$$
\begin{aligned}
\operatorname{Pr}_{y, z}[y \otimes z \in U] & \leq \frac{1}{2^{k}}\left(1+\sum_{i \in[k]} 2^{i-1} f_{d-1, k}(u / k)\right) \\
& =\frac{1}{2^{k}}\left(1+\left(2^{k}-1\right) f_{d-1, k}(u / k)\right) \\
& =\left(\frac{1}{2^{k}}+\left(1-\frac{1}{2^{k}}\right) f_{d-1, k}(u / k)\right) \\
& =f_{d, k}(u) .
\end{aligned}
$$

This completes the induction step.

- Theorem 29. Let $k$ be a positive integer, and let $\tilde{u} \in\left[0, k^{2}\right]$ be a real number. Suppose $b_{1}, b_{2}, \ldots, b_{k}$ are real numbers satisfying the following constraints.

$$
\begin{align*}
& k \geq b_{1} \geq b_{2} \ldots \geq b_{k} \geq 0,  \tag{5}\\
& \sum_{i=1}^{k} b_{i}=\tilde{u} . \tag{6}
\end{align*}
$$

Then,

$$
\sum_{i=1}^{k} 2^{i-1} 2^{b_{i}} \leq \sum_{i=1}^{k} 2^{i-1} 2^{\tilde{u} / k}=\left(2^{k}-1\right) 2^{\tilde{u} / k}
$$

We refer the reader to the full version of our paper for a proof of Theorem 29.
We now use the previous lemma to prove a corollary about the dimension of the span of several random rank 1 tensors.

- Corollary 30. Let $d, k, t$ be integers. For each $i \in[t]$ and $j \in[d]$, pick $x^{(i, j)} \in \mathbb{F}_{2}^{k}$ uniformly at random. For $i \in[t]$, let $T_{i}$ be the rank-1 tensor $\otimes_{j=1}^{d} x^{(i, j)}$. Then, for every $0 \leq r \leq t$,

$$
\operatorname{Pr}\left[\operatorname{dim}\left(\operatorname{span}\left(\left\{T_{1}, \ldots, T_{t}\right\}\right)\right)=r\right] \leq\binom{ t}{r}\left(\frac{d+2^{t / k^{d-1}}}{2^{k}}\right)^{t-r}
$$

Proof. Let us reveal $T_{1}, \ldots, T_{t}$ one at a time. For $0 \leq i \leq t$, let $V_{i}=\operatorname{span}\left(\left\{T_{1}, \ldots, T_{i-1}, T_{i}\right\}\right)$. Thus we have $0=\operatorname{dim}\left(V_{0}\right) \leq \operatorname{dim}\left(V_{1}\right) \leq \ldots \operatorname{dim}\left(V_{t}\right)$. We want to estimate the probability that $\operatorname{dim}\left(V_{t}\right)=r$. Let $E_{i}$ denote the event that $T_{i} \in V_{i-1}$. For $I \subseteq[t]$, let $E_{I}$ denote the event $\bigcap_{i \in I} E_{i}$. In terms of these events, we can bound $\operatorname{Pr}\left[\operatorname{dim}\left(V_{t}\right)=r\right]$ as follows.
$\operatorname{Pr}\left[\operatorname{dim}\left(V_{t}\right)=r\right] \leq \operatorname{Pr}\left[\exists I \subseteq[t],|I|=t-r\right.$ such that $E_{I}$ occurs $]$

$$
\leq \sum_{I \subseteq[t],|I|=t-r} \operatorname{Pr}\left[E_{I}\right]
$$

We conclude the proof by bounding $\operatorname{Pr}\left[E_{I}\right]$. Fix $I \subseteq[t]$ with $|I|=t-r$. Let $I=\left\{i_{1}, \ldots, i_{t-r}\right\}$ with $i_{1}<i_{2}<\ldots<i_{t-r}$.

$$
\operatorname{Pr}\left[E_{I}\right]=\prod_{j=1}^{t-r} \operatorname{Pr}\left[E_{i_{j}} \mid \bigcap_{\ell<j} E_{i_{\ell}}\right]
$$

Lemma 25 implies the following.

$$
\operatorname{Pr}\left[E_{i} \mid T_{1}, \ldots, T_{i-1}\right] \leq \frac{d+2^{\operatorname{dim}\left(V_{i-1}\right) / k^{d-1}}}{2^{k}}
$$

For any given $j \in[t-r]$, the events $E_{i_{1}}, \ldots, E_{i_{j-1}}$ are all determined by $T_{1}, \ldots, T_{i_{j}-1}$ (since $E_{i_{\ell}}$ depends on $T_{1}, \ldots, T_{i_{\ell}}$, and $\left.i_{j-1} \leq i_{j}-1\right)$. Thus, for each $j \in[t-r]$, we have,

$$
\operatorname{Pr}\left[E_{i_{j}} \mid \bigcap_{\ell<j} E_{i_{\ell}}\right] \leq \frac{d+2^{t / k^{d-1}}}{2^{k}}
$$

Here we used the fact that $\operatorname{dim}\left(V_{i_{j}-1}\right) \leq t$. Using this in our previous bound, we conclude that

$$
\operatorname{Pr}\left[E_{I}\right] \leq\left(\frac{d+2^{t / k^{d-1}}}{2^{k}}\right)^{t-r}
$$

and thus,

$$
\operatorname{Pr}\left[\operatorname{dim}\left(V_{t}\right)=r\right] \leq\binom{ t}{r} \cdot\left(\frac{d+2^{t / k^{d-1}}}{2^{k}}\right)^{t-r}
$$

## A. 1 Proof of Theorem 23

We now use Corollary 30 to prove Theorem 23 .

Proof of Theorem 23. The equation

$$
\begin{equation*}
\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0 \tag{7}
\end{equation*}
$$

implies that

$$
\begin{equation*}
\forall \ell \in[k], \sum_{i=1}^{t} x_{\ell}^{(i, 1)} \cdot \bigotimes_{j=2}^{d} x^{(i, j)}=0 . \tag{8}
\end{equation*}
$$

Let $T_{i}$ denote $\bigotimes_{j=2}^{d} x^{(i, j)}$ for $i \in[t]$ and $\mathcal{T}=\operatorname{span}\left(\left\{T_{1}, \ldots, T_{t}\right\}\right)$. Then we have,

$$
\begin{align*}
& \operatorname{Pr}\left[\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}\right. \text { satisfy (7)] }  \tag{9}\\
& \leq \operatorname{Pr}\left[\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]}\right. \text { satisfy (8)]} \\
& =\sum_{r=0}^{t} \operatorname{Pr}\left[\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]} \text { satisfy }(8) \mid \operatorname{dim}(\mathcal{T})=r\right] \operatorname{Pr}[\operatorname{dim}(\mathcal{T})=r] \\
& =\sum_{r=0}^{t}\left(\prod_{\ell \in[k]} \operatorname{Pr}\left[\sum_{i=1}^{t} x_{\ell}^{(i, 1)} \cdot T_{i}=0 \mid \operatorname{dim}(\mathcal{T})=r\right]\right) \cdot \operatorname{Pr}[\operatorname{dim}(\mathcal{T})=r] \\
& \leq \sum_{r=0}^{t}\left(\frac{1}{2^{r}}\right)^{k} \cdot \operatorname{Pr}[\operatorname{dim}(\mathcal{T})=r] . \tag{10}
\end{align*}
$$

Here, the equality in the third step follows from the fact that $\left\{x_{\ell}^{(i, 1)}\right\}_{i \in[t], \ell \in[k]}$ are independently and uniformly distributed in $\mathbb{F}_{2}$.
By the given distribution of $T_{1}, \ldots, T_{t}$ in $\left(\mathbb{F}_{2}^{k}\right)^{\otimes(d-1)}$, Corollary 30 says that

$$
\operatorname{Pr}[\operatorname{dim}(\mathcal{T})=r] \leq\binom{ t}{r}\left(\frac{d-1+2^{\frac{t}{k^{d-2}}}}{2^{k}}\right)^{t-r}
$$

Plugging this bound back into (9) gives

$$
\begin{aligned}
\operatorname{Pr}\left[\left\{x^{(i, j)}\right\}_{i \in[t], j \in[d]} \text { satisfy }(7)\right] & \leq \sum_{r=0}^{t}\binom{t}{r} \frac{1}{2^{r k}}\left(\frac{d-1+2^{\frac{t}{k^{d-2}}}}{2^{k}}\right)^{t-r} \\
& \leq \sum_{r=0}^{t}\binom{t}{r}\left(\frac{1}{2^{k}}\right)^{r}\left(\frac{d-1+2^{\frac{t}{k^{d-2}}}}{2^{k}}\right)^{t-r} \\
& =\left(\frac{1}{2^{k}}+\frac{d-1+2^{\frac{t}{k^{d-2}}}}{2^{k}}\right)^{t} \\
& \leq\left(\frac{d+2^{\frac{t}{k^{d-2}}}}{2^{k}}\right)^{t} .
\end{aligned}
$$

Now, since $d<2^{\varepsilon k / 5}$ and $t<\varepsilon k^{d-1} / 5$, we have

$$
d+2^{\frac{t}{k^{d-2}}}<2 \cdot 2^{\varepsilon k / 5}<2^{\varepsilon k / 2}
$$

we conclude that

$$
\operatorname{Pr}\left[\sum_{i=1}^{t} \bigotimes_{j=1}^{d} x^{(i, j)}=0\right]<2^{-(1-\varepsilon / 2) k t} .
$$

This completes the proof.


[^0]:    ${ }^{1}$ This work was done when the author was a graduate student at Rutgers University, USA
    ${ }^{2}$ This work was done when the author was visiting Rutgers University/DIMACS, USA and Weizmann Institute of Science, Israel.
    ${ }^{3}$ Part of this work was done when the author was a postdoc at DIMACS.
    ${ }^{4}$ Part of this work was done when the author was a postdoc at Center for Mathematical Sciences and Applications, Harvard University, USA.
    ${ }^{5}$ Here, "rank" refers to the standard notion of the rank of a tensor (not analytic, slice, or partition park).

[^1]:    ${ }^{6}$ In a recent work [23], Viola showed that there exist degree $\ell$ polynomials which have correlation $\Omega(\ell / \sqrt{n})$ with the MAJORITY function, thereby showing that the aforementioned upper bound in [17, 20] are essentially tight.

[^2]:    ${ }^{7}$ For brevity, we state this theorem here for $d=3$, but it holds more generally for higher dimensional tensors as well. See Section 3 for details.
    ${ }^{8}$ Here, "rank" refers to the standard notion of the rank of a tensor.

[^3]:    ${ }^{9}$ Similar to Theorem B, this also holds for general dimensional tensors. We focus on the $d=3$ case here.

[^4]:    ${ }^{10}$ The MRRW bound for binary codes states that any family of codes with fractional distance $\delta$ satisfies $R(\delta) \leq h_{2}\left(\frac{1}{2}-\sqrt{\delta(1-\delta)}\right)$ where $h_{2}(x)=x \log _{2}(1 / x)+(1-x) \log _{2}(1 / 1-x)$ is the binary entropy function. The above mentioned bound can be obtained from this (see [5] for details).

